

Psalm 23

A psalm of David.

1
The Lord is my shepherd,
I lack nothing.
2
He makes me lie down in
green pastures,
he leads me beside quiet
waters,
3
he refreshes my soul.
He guides me along the right
paths
for his name's sake.
4
Even though I walk
through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.
5
You prepare a table before
me
in the presence of my
enemies.
You anoint my head with oil;
my cup overflows.
6
Surely your goodness and
love will follow me
all the days of my life,
and I will dwell in the house
of the Lord
forever.

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The Lord's Prayer

The Lord's Prayer

The Lord's Prayer

The Lord's Prayer

Our Father in heaven,
Hallowed be your name.

Your Kingdom come, your will
be done,
on earth as it is in heaven.

Your Kingdom come, your will
be done,
on earth as it is in heaven.

Your Kingdom come, your will
be done,
on earth as it is in heaven.

Your Kingdom come, your will
be done,
on earth as it is in heaven.

Give us today our daily bread.

Forgive us our sins,
as we forgive those who sin
against us.

Forgive us our sins,
as we forgive those who sin
against us.

Forgive us our sins,
as we forgive those who sin
against us.

Forgive us our sins,
as we forgive those who sin
against us.

Lead us not into temptation,

but deliver us from evil.

Lead us not into temptation,

but deliver us from evil.

Lead us not into temptation,

but deliver us from evil.

Lead us not into temptation,

but deliver us from evil.

For the kingdom, the power
and the glory are your's. Now
and forever.

For the kingdom, the power
and the glory are your's. Now
and forever.

For the kingdom, the power
and the glory are your's. Now
and forever.

For the kingdom, the power
and the glory are your's. Now
and forever.

Amen.

Amen.

Amen.

Amen.

- reflectively work through The Lord's Prayer and Psalm 23 each morning
- renew your focus on these during the day
- memorize scripture
- have times of solitude
- regularly fast for half a day
- occasional fast for a full day

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